

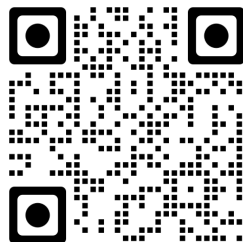
### Camp Sessions Available

RSR offers camp sessions of 3 or 6 nights. Whichever you choose, you're sure to have a fun-filled time with us.

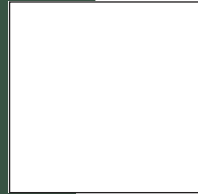
# OF NIGHTS	
<b>Overnight Camp - 3rd thru 12th Rising Grades Leaders in Training (L.I.T.) - Rising 11th Graders</b>	
3 nights	Session #1: June 8-11
	Session #2: June 12-15
	Session #3: June 15-18
	Session #4: June 19-22
	Session #5: June 22-25
	Session #6: June 26-29
	Session #7: June 29-July 2
6 nights	Session #8: July 10-16
	Session #9: July 17-23
<b>Counselors In Training (C.I.T.) - Rising 12th Graders</b>	
6 nights	Session #1: June 12-18
	Session #2: June 19-25
	Session #3: June 26 - July 2
	Session #4: July 10-16
	Session #5: July 17-23

### Transportation

We have added nine transportation "hubs" for the 2022 Camp Season! This is a FREE service courtesy of funding provided by generous donations from the Kansas 4-H Foundation. Transportation Map and Reservation Form available on our website.



scan the code to learn more about RSR!



**ROCK SPRINGS RANCH**  
1168 HIGHWAY K157  
JUNCTION CITY, KS 66441



Since 1946, thousands of campers have come to Rock Springs Ranch. They unplug, explore, play and learn the kinds of lessons that can last a lifetime. Outside of the traditional learning environment, campers grow socially, emotionally, physically and cognitively. Many make friends for life. It's also just simple, pure FUN!

[rockspringsranch4hcamp.org](http://rockspringsranch4hcamp.org)  
(785) 257-3221



# CALLING ALL ADVENTURERS CLIMBERS FLIPPERS & BUG CATCHERS!



## REGISTER NOW FOR SUMMER CAMP 2022!

*All Campers Ages 8-17 are Welcome!*

Sign up at [rockspringsranch4hcamp.org](http://rockspringsranch4hcamp.org)





# CAMP AT ROCK SPRINGS IS BETTER THAN EVER!

We're so excited about Camp Season 2022 at Rock Springs Ranch! Our goal is to teach the positive youth development of 4-H and introduce our Centers of Excellence in Leadership, Conservation and Sportsmanship. We have created a truly formative experience for our campers under the endless skies of the beautiful tallgrass prairie of the Flint Hills.

## Traditional Camp



### EXPLORERS - Ages 8-10 (rising 3rd-5th graders)

Our youngest campers will work on gaining their independence, making new friends and discovering the larger world around them. While at camp they will enjoy archery, BBs, swimming, intro to horses, corcles, our giant swing and many more fun activities! This group will also have the highest staff to camper ratios.



### TRAILBLAZERS - Ages 11-13 (rising 6th-8th graders)

This group has greater access to activities and will spend time with more campers in their age group and work on skills development. Activities include 3D archery, swimming, horses, rifles, canoes, climbing wall, stream study and more!



### ADVENTURERS - Ages 14-17 (rising high schoolers)

This is the oldest group in our "traditional" camp. Adventurers spend most of their time at activities they choose along with other campers in their group. Activities are at the top tier of RSR offerings including aerial archery, swimming, horses, trap shooting, kayaks, high ropes and zipline.

## Teen Leadership Camp

In addition to our traditional camp, we offer two unique camping experiences for older youth who are eager to take on greater challenges and advance their leadership skills.



### L.I.T. LEADERS IN TRAINING - (rising 11th graders)

L.I.T. focuses on leadership and community development programming along with a service project. There will also be time to just relax, make new friends and enjoy other camp activities. This is an excellent progression if a camper thinks they may want to advance to C.I.T. or join RSR staff in the future.



### C.I.T. COUNSELORS IN TRAINING - (rising 12th graders)

C.I.T. is a hands-on progression that develops the leadership abilities of this group to help them on the path from camper to counselor. Throughout the week, teens will receive camper care training and counselor experience while improving their leadership skills and being mentored by youth development staff. They will also enjoy "camp" time with peers built into each day.

## Camper Activities

The campers will participate together in daily activities.

### SWIMMING

### GAMES

### ARTS & CRAFTS

### CANOEING

### HIGH ROPES

### TEAM BUILDING

### STREAM STUDY

### ZIP LINE

### KAYAKS

### VOLLEYBALL

### GAGA BALL

### TRAP SHOOTING

### LOW ROPES

### HIKING

### CLIMBING WALL

### ARCHERY

### HORSEBACK RIDING

### PRAIRIE BIKES

### RIFLERY

### CONSERVATION ACTIVITIES

### CAMPFIRES

### S'MORES

### LOW ROPES

### GIANT SWING

## ALL YOUTH DESERVE A 4-H EXPERIENCE!

## The Benefits of Camp

### 1 SOCIAL SKILLS DEVELOPMENT

leadership  
communication  
participation

### 2 SELF-RESPECT & CHARACTER BUILDING

responsibility  
resourcefulness  
resilience

### 3 COMMUNITY LIVING/SERVICE SKILLS

caring  
fairness  
citizenship

